

A PARENT'S GUIDE TO LITTLE LEAGUE® TEE BALL



WHAT IS TEE BALL?

Tee Ball is a non-competitive program focused on fun, fitness, and fundamentals where players ages 4-7 are first introduced to the basics baseball and softball. Little League® International strives to provide a Tee Ball experience focused on teaching the fundamentals of the game in a fun environment while incorporating a high level of physical activity.

WHAT TO EXPECT AS A PARENT

REGISTRATION

Every Little League program has a clearly defined area from which they may register players. In order to participate, a player must live within or attend school within a league's boundaries. At registration, plan to bring documentation showing that your child lives or attends school within that league's boundaries. If you are unsure of where to register your child, please use Little League's League Finder at [PlayLittleLeague.org](https://www.littleleague.org/PlayLittleLeague.org)

Additionally, most leagues will charge a registration fee to participate in Tee Ball. This fee goes to help offset the expenses of operating the program for your league such as uniforms, equipment, field maintenance, etc. Registration fees will vary from league to league.

GAMES AND PRACTICES

Little League recommends that leagues hold two Tee Ball Activities (games or practices) per week. Each activity should last between 45 minutes and 1 hour and 15 minutes. Parents are strongly encouraged to stay at the field during Tee Ball activities.

Little League provides each manager/coach with a curriculum of activities focused on fun, fitness, and fundamentals that can be implemented during practices and games. The curriculum, including video drills, can be accessed online at [LittleLeagueU.org](https://www.littleleague.org/LittleLeagueU.org) and at [LittleLeague.org/teeball](https://www.littleleague.org/teeball).

EQUIPMENT

Your local Little League program will provide each Tee Ball team with the equipment necessary for games and practices. Equipment that will be provided to each team includes helmets, bats, balls, and catcher's equipment. Additionally, each player should be provided with a uniform shirt and hat. Items that typically need to be purchased by the parent include a glove, baseball/softball pants, and cleats. Some parents may also choose to purchase a bat for their child to use.

VOLUNTEERING

Volunteers are the backbone of every successful Little League program. Your community's Little League program will have a wide range of volunteer opportunities available. Some common opportunities include coaching, concessions, fundraising, etc. Additionally, there are always a number of opportunities to volunteer on a one time basis such as a field work day, opening ceremonies, a fundraising event, etc. Little League encourages all parents to get involved and be an active part of your community's Little League program.

FUNDRAISING

Many leagues will ask families to participate in a fundraiser to benefit the league. Fundraisers help leagues keep registration costs down and provide resources for improvements to the league. Many leagues have options to ensure the Little League experience at the local level is affordable for all families, and no child may be turned away from participating due to financial reasons.

PARENT CONNECTION

The Parent Connection newsletter is Little League's monthly newsletter just for you. All parents are encouraged to sign up to receive *The Parent Connection* by visiting [LittleLeague.org/register](https://www.littleleague.org/register).